

Writing Prompts:

Write a diary entry about preparing for a big sporting event.

Create a set of instructions for a warm-up routine.

Imagine you are a reporter at a school tournament — write your news report.

Write a story about a child who overcomes a challenge in sport.

Describe the feelings of a competitor just before a big race.

Invent a futuristic sport and explain how it works.

Write a letter to a sports hero, telling them why they inspire you.

Create a poem that describes the excitement of sports day.

P.E. Writing Toolkit – YEAR 4 – Sentence Starters

Here is a bank of sentence starters that can be used as prompts or to help you get started...

I stepped onto the field and...

The crowd was silent as...

My warm-up routine begins with...

“You can do this,” I whispered to myself...

To play this game, first you must...

I watched as the players took their positions...

If I could meet any athlete, it would be...

Everyone gave their best, but...

At the sound of the whistle...

The excitement was building as...

P.E. Writing Toolkit – YEAR 4 – Vocabulary Bank

Here's a bank of good words and phrases that can be used as prompts or to help you to improve your writing...

Action Words

compete
participate
encourage
jog
pass
aim
sprint
defend
lead
coach

Describing Words

motivated
focused
energised
relieved
triumphant
powerful
united
competitive
disappointed
determined

Things / Equipment

scoreboard
stopwatch
cones
pitch
team bibs
racket
net
medal
podium
goalpost