

Writing Prompts:

Write a detailed match report about an exciting school game.

Describe the emotions of a child preparing for a sports competition.

Invent a new sport and write a full guide explaining how to play.

Write a story about someone who never gives up, even when they lose.

Imagine interviewing a famous athlete — what would you ask and how would they respond?

Write a persuasive letter to your headteacher asking for new sports equipment.

Create a diary entry from the day of your school's sports day.

Describe how teamwork made a difference in a game or challenge.

Write a poem capturing the sights, sounds and feelings of your P.E. lesson.

P.E. Writing Toolkit – YEAR 5 – Sentence Starters

Here is a bank of sentence starters that can be used as prompts or to help you get started...

As the final whistle blew, I...

Before the match began, I felt...

To play this game successfully, players must...

The crowd held its breath while...

“How does it feel to win?” I asked...

In my opinion, our school needs...

Everyone worked together and...

I'll never forget the moment when...

I learned that losing can still mean...

From the very first moment of the race...

P.E. Writing Toolkit – YEAR 5 – Vocabulary Bank

Here's a bank of good words and phrases that can be used as prompts or to help you to improve your writing...

Action Words

coordinate
strategise
dribble
compete
motivate
defend
challenge
celebrate
analyse
lead

Describing Words

nervous
elated
focused
determined
competitive
frustrated
encouraging
athletic
overwhelmed
victorious

Things / Equipment

scoreboard
team kit
referee
cones
equipment bag
pitch
whistle
sports hall
hurdles
trophy