

Writing Prompts:

Write about your favourite sport and how you play it.

Imagine you win a big race — how do you feel?

Describe a fun game you played in the playground.

What would your perfect sports day look like?

Here is a bank of sentence starters that can be used as prompts or to help you get started...

My favourite sport is...

I run fast when...

In the playground, we play...

I felt proud when...

The whistle blew and I...

I helped my friend by...

My new sport is called...

My skipping rope shouted...

The team worked together to...

P.E. Writing Toolkit – YEAR 1 – Vocabulary Bank

Here's a bank of good words and phrases that can be used as prompts or to help you to improve your writing...

Action Words

run
jump
kick
throw
catch
stretch
hop
climb
spin
skip

Describing Words

fast
strong
fun
excited
tired
happy
brave
quick
loud
helpful

Things / Equipment

ball
cones
whistle
hoop
net
track
boots
goal
bat
rope